

folate, vitamin B6 or vitamin B12, having a high lipoprotein level, having a low alcohol intake, having a positive family history of coronary disease, and not taking one aspirin per day.

35. The method according to claim 19, wherein:

the risk factor modification information includes information about how to change the positive risk factors to negative risk factors.

36. The method according to claim 19, wherein:

the step of tracking includes receiving advice when there has been one of a change and no change in a risk factor.

37. An interactive computerized system for determining the risk an individual developing a disease and the consequences of developing the disease, the system comprising:

a processor executing a program performing the steps of:

transmitting questions to a user pertaining to risk factors for the disease;

receiving responses to the questions from the user;

transmitting substantially contemporaneous feedback to the responses;

if the individual does not have the disease, determining the risk of the individual developing the disease using at least one of the responses and practice guidelines for the disease;

if the individual does have the disease, determining associated consequences of the disease using at least one of the responses and the practice guidelines for the disease;

transmitting a summary of positive risk factors and risk modification information to the individual

via the processor;

tracking changes in the responses and the positive risk factors for the individual over time.

38. The system according to claim 37, wherein:  
the disease includes coronary artery disease.
39. The system according to claim 37, wherein:  
the questions include questions about at least one of physical characteristics, lifestyle, and medical history.
40. The system according to claim 39, wherein:  
the physical characteristics include age, gender, race, height and weight.
41. The system according to claim 39, wherein:  
the lifestyle questions include questions about at least one of smoking habits, drinking habits, vitamin intake, and stress.
42. The system according to claim 39, wherein:  
the medical history questions include questions about at least one of blood pressure, diabetes, menopause, ovary removal, hormone replacement, CAD, heart attack, coronary artery bypass surgery, angioplasty, peripheral vascular disease, left ventricular hypertrophy, family history, lipid profile, stress tests, and angiograms.
43. The system according to claim 37, wherein the program further performs the step of:  
determining the risk factors for the disease using the practice guidelines.
44. The system according to claim 37, wherein:  
the processor operates in one of a LAN environment,

WAN environment, the WWW and the Internet.

45. The system according to claim 37, wherein:  
the step of receiving the responses includes storing  
the responses in memory.
46. The system according to claim 45, wherein:  
the memory includes at least one database.
47. The system according to claim 37, wherein:  
the contemporaneous feedback includes at least one  
of general information about at least one risk factor,  
and whether the risk factor is positive for the  
individual.
48. The system according to claim 37, wherein:  
the practice guidelines include practice guidelines  
published by at least one of the American College of  
Cardiology and American Heart Association, U.S.  
Department of Health and Human Services Agency for  
Healthcare Policy and Research, and the National Heart  
Lung and Blood Institute.
49. The system according to claim 37, wherein:  
the associated consequences include at least one of  
invasive intervention and noninvasive intervention.
50. The system according to claim 49, wherein:  
the invasive intervention includes at least one of  
surgery and angioplasty.
51. The system according to claim 49, wherein:  
the noninvasive intervention includes at least one  
of pharmacological therapy and education.
52. The system according to claim 37, wherein:  
the positive risk factors include being a male,